

# Native American Fatherhood & Families Association

*Families are at the heart of every culture. There is no work more important than fatherhood and motherhood.*

## December 2025 Newsletter



**Founder's Message:** NAFFA continues to have success with agency training and our outreach to the nonnative world.

We are at the end of 2025 and NAFFA has accomplished much.

We wish everyone the best of the holiday season and hope all of your families are safe and happy. See you next year.

**A new look for  
NAFFA's newsletter!  
The December  
newsletter starts a  
new layout for all our  
news and updates.**

### AL's Corner

Mr. Al Pooley had the opportunity to visit the Seneca Nation in Upper New York State to speak at a healing conference. He met with Tom Porter from the Mohawk community and President of Seneca Nation, "JC" Conrad.



Below: AL, JC Conrad and Tom Porter stand together.

A collaborative event sponsored by various Seneca Nation Departments

December 2,  
2025  
Cattaraugus  
Seneca Fire  
Hall  
9am-5pm

December 3,  
2025  
Allegany  
Community  
Center  
9am-5pm

**We Heal Together**

**HEALING  
CONFERENCE**

*De'ogwa'daja'dagehe'o:je  
ejidwado:gwe:"*

Healing is a shared responsibility  
rooted in our relationships, our history, and  
our commitment to one another.

**Tom Porter**  
Mohawk, Spokesperson and  
Spiritual Leader of the  
Mohawk Community of  
Kanatsiiohareke

**Albert Pooley**  
MSW, MPA, Hopi & Navajo,  
Founder and President of  
Native American Fatherhood  
& Families Association



# NAFFA Training Events

Month of January 2026

- January 13-15  
-Transforming Tomorrow's Youth
- January 20-22- Honolulu, HI,  
-Fatherhood is Sacred Motherhood is Sacred  
-Suicide Prevention  
-Transforming Tomorrow's Youth  
-Addressing Family Violence and Abuse
- January 27-29  
-Wellness Modalities  
-Fatherhood is Sacred, Motherhood is Sacred

- Recertification:

NAFFA is implementing a Learning Management System (LMS) for the recertification component of training. Certified facilitators will now be able to recertify at their own convenience, 24/7.

*Join us for an immersive experience  
designed to strengthen Families.*



Al Pooley  
**FOUNDER**



**REGISTER NOW**

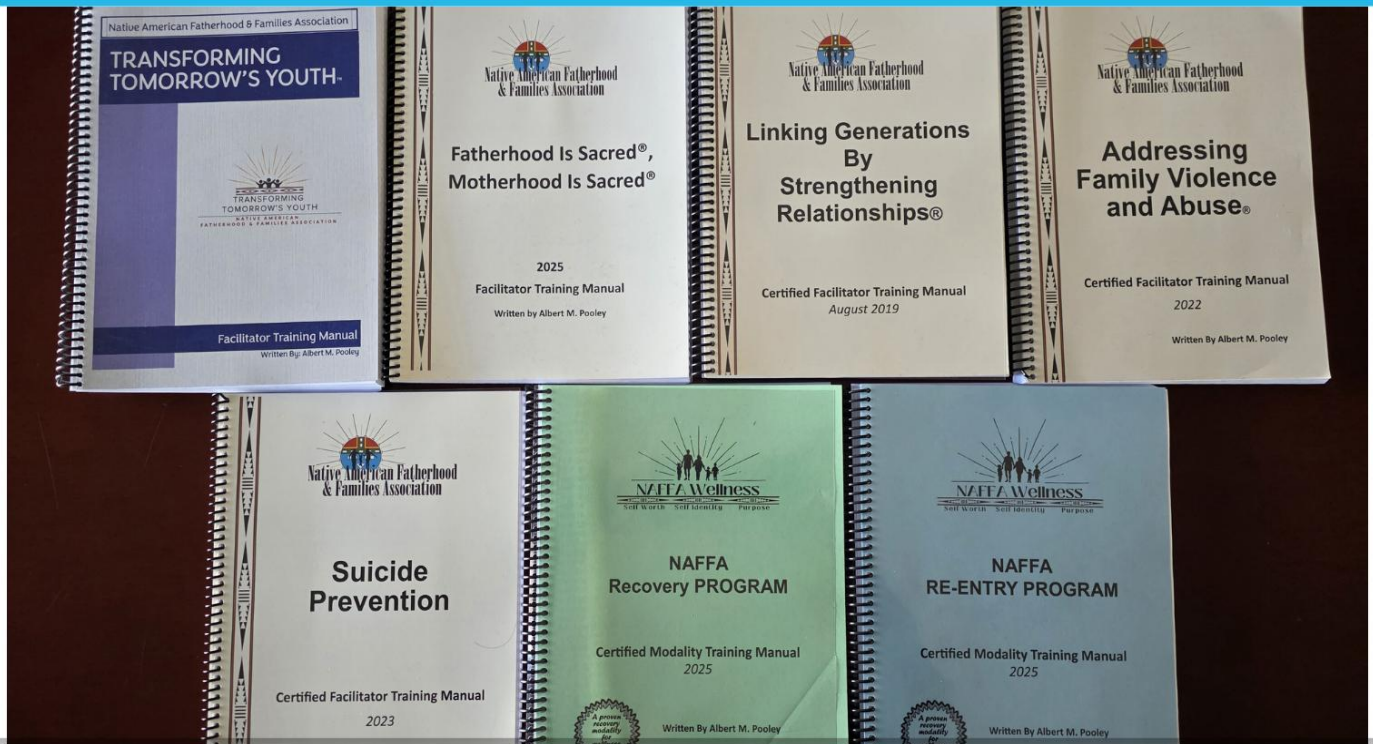
[www.nativeamericanfathers.org/Training](http://www.nativeamericanfathers.org/Training)





○ ○ ○ ○

# DECEMBER 2025 TRAINING DEPARTMENT UPDATES



## New Facilitators are: ^ Agency Certification 12/1/2025

^WM- Re-Entry

Seneca Nation- Amy Isaac, James White, Shaina Gates, John McLaughlin

## 12/3/2025

^WM- Re-Entry

Hope and Healing- Danny Masten

^WM- Recovery

Mountain Shadow Association- Karaya Fritzler

## 12/10/2025

TTY- Thelma Begaye, April Aldrich

LGSR- Penny McGahey, Brett Baker

## 12/12/2025

SP- Mary Ann Johnson, Stephan Johnson,

Sophie Heinisch, Eva Kapotak



Top: Suicide Prevention class picture

Bottom: Transforming Tomorrow's Youth class picture

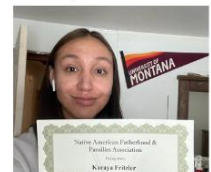


## December 2025 Training Recap

NAFFA hosted three facilitator trainings and one agency certification training. Participants who attended said the training was "unlike any other" and "very inspirational". They added that they cannot wait to start programs for their communities. We wish each facilitator the best of luck!



Top: Hope and Healing- Danny Masten  
Bottom: Mountain Shadow Assoc. Karaya Fritzler





Training Department

# AROUND THE TOWN

December 2025

## Phoenix Union High School District Miss Indian Pageant- November 13, 2026

Ms. Cheryl Honnie, Director of Training, attended the Miss PXU District Miss Indian Pageant. Ms. Honnie reports that the pageant was a beautiful, culturally rich event that showcased talent, speeches, and traditional attire. Each participant showed courageous character and exuberated their talents and cultural knowledge. NAFFA congratulates Miss Indian PXU 2025-2026, Katelynn Coleman. Pictured right- Cheryl Honnie with pageant participants.



## Wednesday evening FREE Classes

The round of classes that NAFFA is doing is the Fatherhood Is Sacred, Motherhood Is Sacred program. Each class averages 25 participants, all men in local sober living homes. Participants have stated they value the classes for the cultural richness and for reminding them of the resilience of the people they come from. Some have expressed their commitment to their sobriety and the renewed motivation to live healthier when they return home to their families. Classes are held every Wednesday night, 6-8 pm, in person and via Zoom.

For more information: [info@aznaffa.org](mailto:info@aznaffa.org)



## 2025 M.A.N.C.A.V.E. 10th Anniversary Fatherhood Celebration & Resource Fair

Mr. Malcolm Redhair, Facilitator Coordinator, and Mr. Neil Tift, Family Resource Specialist, attended the 10<sup>th</sup> anniversary M.A.N. C.A.V.E. event. The event was a free day of family, fun, celebrating fathers, and building stronger families and communities. Malcolm and Neil join the festivities to share NAFFA's wonderful message. Pictured above, Malcolm Redhair and Neil Tift.

Classes facilitated by Mr. Malcolm Redhair and Ms. Cheryl Honnie



[www.nativeamericanfathers.org/training](http://www.nativeamericanfathers.org/training)



480-833-5007



525 W Southern, Ave. Ste. 107,  
Mesa, AZ 85210



# HAWAII FACILITATOR TRAINING!

Ala Moana by Mantra Hotel  
410 Atkinson Drive  
Honolulu, HI 96814

**JANUARY 20-22  
2026**



**Addressing  
Family  
Violence &  
Abuse**

**Transforming  
Tomorrow's  
Youth**



**Fatherhood  
Is Sacred,  
Motherhood  
Is Sacred**



**Suicide  
Prevention**



REGISTER TODAY: [WWW.NATIVEAMERICANFATHERS.ORG/TRAINING](http://WWW.NATIVEAMERICANFATHERS.ORG/TRAINING)



Transforming Tomorrow's Youth  
& NAFFA Present

# RISE ABOVE

FINDING THE CHAMPION WITHIN YOU!!!

GATHERING OF NATIVE  
AMERICAN YOUTH (GONA)



February 27th - 28th, 2026 From 9am-2pm

## Within the Prison Walls:



**Over the course of 20 years, NAFFA's Fatherhood is Sacred® (FIS) program has been taught in 10 tribal and county jails and prisons. The impact of this project has been successful in assisting mothers and fathers to strengthen their families, even while inside prison walls. Participants come from different cultures and backgrounds, but yet connect with these principles. These writings are inspirational and remind us of how important our families are to us. Each newsletter will include one submission.**

From the AZ Department of Corrections: I go by the name: \$LICK Through being persistent and consistent, I was able to share this message in corrections! The healing must start somewhere, some place! My background is one that many can relate to and are familiar with. A troubled childhood filled with violence, neglect, trauma, gangs and incarceration. Loss of hope and gloom and doom until I crossed paths with Mr. Albert Pooley in February of 2002. That's when my whole life began to change. And it's been a process!

When we begin the process of healing, personal change and recovery it is and can be a difficult process on many levels. But when begin to have faith in personal change, we begin to unlock hope which in turn opens the door to vision, direction and purpose. The Native American Fatherhood and Families Association's Foundation is not just about personal change but bringing families together, uniting communities. The message is clear: stronger families equal stronger communities.

For those of us that have had hard/difficult lives our beliefs and traditions have paved the way for how we end up and where we are in life today. Those who come from abuse, neglect, incarceration, trauma and gangs/street life, personal change is not only unfamiliar, but also uncomfortable. Yet once we have lived the life of crime, addictions and have made bad choices/decisions we come to a turning point in our lives.

Here's a fact: You can change! You can recover and heal and grow. It just takes some action and efforts. You must change your thinking and become teachable (willing to learn) We have all paid a high price for our experiences in life (don't waste them!) True and lasting change must come from within. By filling one's heart with gratitude, hope, motivation and personal acceptance the powerful effect on one's positive attitudes, behaviors and decision making will heal us. What "NAFFA" has given me is the way back into not just my family but my community. Helping others and being of service today is not just fulfilling but it's rewarding as well!

We unlock our true unlimited potential with these three things I was taught to do: 1) Be kind to all mankind. 2) Obey all rules and laws. 3) Keep your word and promises. Mr. Al Pooley says if we do these things we will "FLOURISH ." Once we get out of our own foolish pride and ego, once we stop being selfish and self-centered, we can now find Humility and courage to completely change our mindsets and how we look at life.

By looking at life realistically we now become teachable, and we begin to embrace the: TRUTH! This process can be uncomfortable and hard to do at first. We must be willing to see the BIG PICTURE that we can change, that we can heal and we can reintegrate back into our families and our communities! You're not stuck, you've just been delayed! By opening your heart, mind and becoming teachable, you can accomplish great things in your lives! Even in prison or in incarceration, treatment programs! Two concepts I've learned and gained from the Fatherhood program is: Loving the people you serve and loving the message you bring to the people whom you serve! \$lick Message!





BOOST YOUR BODY'S ABILITY TO  
**HEAL ITSELF**

# Health E<sup>80</sup>™



- Helps Reduce & Stabilize **Blood Sugar** \*
- Contains Potent Anti-Inflammatory Formula \*
- Supports Healthy Digestion & Immune Function \*

**Patented Enzyme-Mineral Complex**



call (888) NAFFA80  
[www.HealthE80.com](http://www.HealthE80.com)

**Health E 80 News:** Check out our Health E 80 website to learn more about how you can keep your body healthy.

<https://www.healthe80.com/>

We are on Facebook too:

<https://www.facebook.com/HealthE80>

Remember to check out Health E80 to help fix your gut and start eating the foods you enjoy.

<https://www.healthe80.com/>

- Contains world's most activated enzymes
- Includes clinical strength patented formula
- Lowers and stabilizes blood sugar
- Reduces bloating, gas and acid reflux
- Supports healthy uric acid & A1C levels
- Contains potent anti-inflammatory ingredients
- Promotes healthy digestion & immune function



NAFFA has long recognized the need to improve health conditions among our native peoples, specifically regarding blood sugar and diabetes. Imagine our excitement when we discovered an international organization (headed by Dr. Tracy Gibbs, PhD) that agreed to partner with us in addressing these concerns that are affecting so many lives among North American Tribes.

Health E80 is a patented formula of carefully selected enzymes and co-factored minerals that can help restore the enzyme balance we each need to digest our foods, absorb nutrients, boost immunity and maintain our health and vitality. This website was created to educate the public on the real issues facing our Native American brothers and sisters and what we can do to reverse this trend. Diabetes, Heart Disease, Cancer and other serious health issues are plaguing our Native Lands. Let's begin the journey together back to health, vitality and prosperity!

Call us at 480-833-5007 or 800-977-2167

Melody Billy







**FATHERHOOD IS SACRED®  
MOTHERHOOD IS SACRED®**  
A Universal Message



**Mr. Albert Pooley**

**COME JOIN US!**

**NAFFA'S FIRST WEBINAR  
OF 2026**

**See to Register**

**<https://www.nativeamericanfathers.org/webinarregistration>**

**January 13, 2026  
11AM Arizona Time**

**Learn about our  
most important  
career in life.**

**Fatherhood is  
Sacred®**

**Motherhood is  
Sacred®  
A Universal  
Message**



  
**Native American Fatherhood  
& Families Association**





**Native American Fatherhood  
& Families Association**



**SAVE THE DATE**

**22nd Annual**

**Fatherhood Is Sacred,  
Motherhood Is Sacred**

**National  
Conference**

**November  
17-19  
2026**

**Wrigleyville West  
Conference Center**

**860 N Riverview, Mesa, AZ 85201**



**FATHERHOOD IS SACRED®  
MOTHERHOOD IS SACRED®  
A Universal Message**







**FATHERHOOD IS SACRED®  
MOTHERHOOD IS SACRED®**  
A Universal Message



### **NAFFA Staff:**

- **Albert Pooley : President/Founder**
- **Karra Papa: Executive Director**
- **Cheryl Honnie: Director of Training**
- **Jill Mendoza: Youth Program Director**
- **Melody Billy: Youth Program Coordinator**
- **Valerie Hollobaugh: Outreach Coordinator**
- **Neil Tift: Family Resource Specialist**
- **Malcolm Redhair: Facilitator Coordinator**
- **Susan Sharp: Receptionist**
- **Sam Rossi: Financial Specialist**
- **Kris Johnson: Youth Program Assistant**
- **Jordyn Wyman: Social Media Specialist**
- **Jane McCord: Grant Coordinator**
- **Susan Ellsworth: Administrative Assistant**
- **Mike Sharp, Navy Arizona: Maintenance**

### **Office**

**525 West Southern Ave. Suite #100  
Mesa, AZ 85210  
Office: 480-833-5007  
Fax: 480-833-5009**



### **NAFFA Wellness Staff**

**Joel Touchet: Clinical Director**

**Brett Baker: Case Manager**

**Jeri Long: Partnership Manager**

**NAFFA Wellness Center is open for those who in need of an Intensive Outpatient Program (IOP).  
For more information, please call: 480-536-8881 and talk to Joel Touchet.**

**NAFFA Wellness is happy to announce that we are growing! In addition to our morning group, we plan to add an afternoon group in January. Schedule will continue to be Monday, Wednesday, and Friday. Stay tuned for more updates as we expand further!**

**NAFFA Wellness Center: 480-536-8881**

**A TRUE LEADER HAS THE  
CONFIDENCE TO STAND  
ALONE, THE COURAGE TO  
MAKE TOUGH DECISIONS, AND  
THE COMPASSION TO LISTEN  
TO THE NEEDS OF OTHERS. HE  
DOES NOT SET OUT TO BE A  
LEADER, BUT BECOMES ONE  
BY THE EQUALITY OF HIS  
ACTIONS AND THE INTEGRITY  
OF HIS INTENT.**

